DYNAMIC WOMEN

2026



CAREY CAMPBELL, MD

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Carey Campbell's approach to plastic surgery is shaped by a quiet conviction: the most lasting results should feel refined, personal and entirely true to the patient. At StarkMD Plastic Surgery in Philadelphia, she brings a decade of surgical experience to a new chapter, rebuilding her practice with intention and a deep focus on making patients feel heard at every step.

That work is both technical and human. Campbell leads by listening first, then matching that understanding with surgical precision and calm. In a high-stakes specialty, she believes steadiness under pressure is part of what builds trust, not only with patients, but with everyone in the room. "I'm invigorated by caring for women at every stage of life, helping each one find her own dynamism," she says.

Moving back to the Northeast and joining StarkMD has been a turning point. Campbell is now seeing patients fly in from across the country, a reality that still feels surreal. She has also been speaking at meetings and sharing her approach with other surgeons, a meaningful sign that her philosophy is resonating beyond her own exam room.

Her advice to young women is to build knowledge and skill relentlessly, seek mentors who push them and become comfortable being the only woman in the room, especially at the beginning. She also believes kindness and exacting standards can coexist.

Campbell's sense of beauty was shaped by growing up and practicing in Tennessee, where timelessness, elegance and warmth informed the way she sees, treats and talks to patients. She admires Carolina Herrera for building a fashion house in her forties and sustaining it with polish and grace. For Campbell, true elegance is not about trends, but about knowing exactly who you are.

Photography by: Phil Kramer